

# Supplemental Items for Health and Wellbeing Board

Thursday, 13 July 2023 at 9.30am  
in Council Chamber Council Offices  
Market Street Newbury

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9	<b>Berkshire West Place Based Partnership</b> Purpose: To provide an update on arrangements for the Berkshire West Place Based Partnership.	3 - 8
11	<b>Berkshire West Health and Wellbeing Strategy Delivery Plan Review</b> Purpose: To provide an update on how the Delivery Plan for West Berkshire is being reviewed and updated, and how the Sub-Groups of the Health and Wellbeing Board are evolving to better align with the priorities of the Strategy's priorities.	9 - 32

*Sarah Clarke.*

Sarah Clarke

Service Director (Strategy & Governance)

For further information about this/these item(s), or to inspect any background documents referred to in Part I reports, please contact Gordon Oliver on (01635) 519486

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**Supplemental Items**  
**Health and Wellbeing Board to be held on Thursday, 13 July 2023** *(continued)*

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## Place Based Partnership briefing

<b>Report being considered by:</b>	Health and Wellbeing Board
<b>On:</b>	13 July 2023
<b>Report Author:</b>	Sarah Webster – Executive Place Director
<b>Report Sponsor:</b>	Sarah Webster–Executive Place Director
<b>Item for:</b>	Information



### 1. Purpose of the Report

This report seeks to update the Health and Wellbeing Board on the revised Unified Executive arrangements as a Place Based Partnership (PBP) including the governance, programme of priority areas as well as seeking to strengthen accountability of the United Executive into the Health and Wellbeing Board and its delivery against the Health and Wellbeing Board Strategy.

### 2. Recommendation(s)

The Committee Members are asked to:

- I. note the revised PBP governance arrangements and partnership commitments;
- II. note the refreshed PBP programme plans;
- III. note consideration of the important role of the Health and Wellbeing Boards (HWBB) in ensuring our joint work at Place is delivering on behalf of the specific needs of the residents that the HWBB represents, and contributing towards the delivery of our Joint Health and Wellbeing Strategy.

### 3. Executive Summary

#### Background and overview of key conclusions

- 3.1 Since January 2023, Unified Executive members, seeking to develop our Berkshire West Place Based Partnership have:
- (1) Met twice as an extended Unified Executive Group for facilitated workshops on 12 January and 9 March 2023; and
  - (2) Met as a weekly 'Task and Finish Group' with senior representatives from all our organisations to progress the outputs from the workshops.
- 3.2 The discussions were extremely productive following which some specific outputs were agreed covering the following areas:
- (1) **Place Priority Programmes:** A proposed list of eight priority areas of high impact joint work, which in turn have been scheduled into a work plan based on current maturity (see section 4 below).
  - (2) **Revised joint governance arrangements for our Place Partnership:** We proposed improvements to the existing governance structure, rather than completely reshaping the current arrangements, to avoid destabilising our

system. The improvements aim to ensure that we get an appropriate balance of focus at Local Authority level and at Place based on the needs of any given programme of work, and that all partners are appropriately engaged without it becoming burdensome (see section 5 below).

- (3) **Partnership Commitments:** To set the tone and expectations for our partnership we agreed in principle some commitments that we are working towards (see Section 6 below).
- (4) **Unified Executive workplan:** The Unified Executive will ensure that our joint programme of work is delivering improvements for our residents. We are proposing a workplan that ensures good oversight and assurance over our core priority programme alongside other important partnership subjects (see Section 7 below).

3.3 It is important for the Health & Wellbeing Board to note that whilst consensus was reached by the Task & Finish Group in many areas, due to the complexity of our Place there will always be a range of potential ways forward that have merit. A crucial relevant partnership commitment is that of continual review and improvement: if something that we agree on now doesn't work in practice then we are all open minded to amending and improving as we go.

## 4. Supporting Information

### Place Priority Programmes

4.1 The Task & Finish Group, with wider support from within each organisation, has worked to refine the long list of priorities generated at the 12 January workshop.

4.2 The table below summarises the current position of the original long list:

**PBP Programmes – June 2023**

UE Project	UE Sponsor	SRO	Housed within Governance Structure	Status	Target Start Date for Intervention (23/24)	Status
Same Day Urgent Access	Andy Statham	Adrian Chamberlain	BW UEC Joint Programme Board	UE Sponsor is linking with BOB -wide work being commissioned on Primary Care Strategy to align. Further local work will be commissioned if necessary as agreed at UE in May 23.	Q3	
Intermediate Care Review	Matt Pope	Lisa Shoubridge	BW UEC Joint Programme Board	3 active workstreams to deliver quick wins identified from the Phase 1 diagnostic exercise are underway. The Sponsor and SRO are meeting imminently to confirm the programme mandate for phase 2. with the programme plan and plans for spend to be presented to the next UEC PB July 23.	Q1	
Reducing preventable premature deaths	TBC (Sarah Webster in interim)	Belinda Seston	BW Prevention & Inequalities Working Group / Locality Integration Boards	Spending plan for ICB £1.3m fund agreed 2023/25 agreed with LIBs to develop local service offer in July 2023	Q2	
CHC & Joint Funding	Sarah Webster	Liz Hodgkinson	BW CHC & Joint Commissioning Place Engagement Group	Centralised BOB CHC assessment model agreed at ICB EMC in May. Current focus on bringing Oxford and Bucks service in house and will then ensure consistent processes across BOB. JF pilot continuing.	Q1	
Special Educational Needs and Disability	Susan Parsonage	Paul Coe	LA CYP Partnerships / BW CYP Programme Board (TBC)	Work ongoing at present directly with LA partners. Further scoping required during Q2 to determine if BW -wide programme is required.	tbc	
CYP Mental Health	Nigel Lynn	Tehmeena Ajmal	LA CYP Partnerships / BW CYP Programme Board (TBC)	Further scoping required during Q2	tbc	
High Complexity High Cost Placements	Julian Emms	Tehmeena Ajmal	BW MH & LD Place Engagement Group	Further scoping required during Q2	tbc	
Place Delegation Development	Sarah Webster	Belinda Seston	BW Place Development and Enablers Programme Board	Scoping underway for ST/MT & IT deliverables	Q2 24/25	

4.3 A detailed programme plan will be presented to a future HWBB.

4.4 Two of the front-runner programmes (Same Day Urgent Access and Intermediate Care) were noted as benefiting from securing additional expert capacity to ensure they can progress at pace and capitalise on the existing momentum in the system in these areas. The Unified Executive Flagship Fund which held £112k of joint funding rolled forward from previous years has been equally allocated to these two programmes to accelerate success.

- 4.5 It is acknowledged that these programmes of work are a starting point and that over the next twelve months we will consider and develop a longer-term strategic joint programme of work with clear links into the H&WB Strategy and the ICP Strategy. This is included in the UE Workplan discussed in Section 5 below.

## 5. Place Partnership Governance Arrangements

- 5.1 To deliver against our Priority Programmes, we needed to be clear on our joint governance arrangements including responsibilities and accountabilities.
- 5.2 It is important to acknowledge that we are different as a 'Place' and our given geography isn't coterminous to our individual partner footprints. Our Place boundary covers approximately half of the core catchment area for BHFT, the majority but not all of the population base for RBFT, it encompasses three separate Local Authority areas, and contains multiple PCNs and VCSE organisations within each LA area.
- 5.3 This complexity creates a spectrum of risk ranging from arrangements which are overly homogenised and duplicative from an LA perspective to structures that feel fragmented and triplicated from an NHS perspective.
- 5.4 The Task & Finish Group has considered several different theoretical governance models ranging from a 'quasi-three-Place' model to a more 'single-Place-centric' model. These open and wide-ranging discussions have highlighted that there is broad agreement with the following principles:
- (1) There are definite benefits to be derived from coming together across the Berkshire West footprint to tackle issues in common, and there are many examples where shared functions/services are already operating successfully across this geography. It would be a lost opportunity to move away completely from a collective of this nature.
  - (2) Equally, there is a wealth of knowledge, expertise, and momentum at a Local Authority footprint level through existing integrated forums, most notably (for this paper) the Health & Wellbeing Boards, Locality Integration Boards, and Local Children Young People Boards. We should capitalise on this and avoid any assumption that 'Place' should always be the focal point for joint priorities and for delegated funds.
- 5.5 With this in mind, we proposed improvements to the existing joint governance structure across Berkshire West rather than completely reshaping the current arrangements. This was preferred as a starting point to enable us to test the above principles without risking destabilising our system.
- 5.6 The improvements aim to ensure that we get an appropriate balance of focus at Local Authority level and at Place (and wider BOB-system) based on the needs of any given programme of work – the 'centre of gravity' question - and that all partners are appropriately engaged without the governance becoming burdensome.
- 5.7 The proposed governance arrangements for Berkshire West are included in Appendix 1 along with some explanatory notes. Key points to highlight include:
- (1) There is an important role for the three Health and Wellbeing Boards within our Place Based Partnership arrangements in ensuring our joint work at Place is delivering on behalf of the specific needs of the residents that each Board represents and contributing towards the delivery of our Joint Health and Wellbeing Strategy. These Boards also include VCSE and Healthwatch colleagues and therefore provide a vital role in ensuring their engagement in

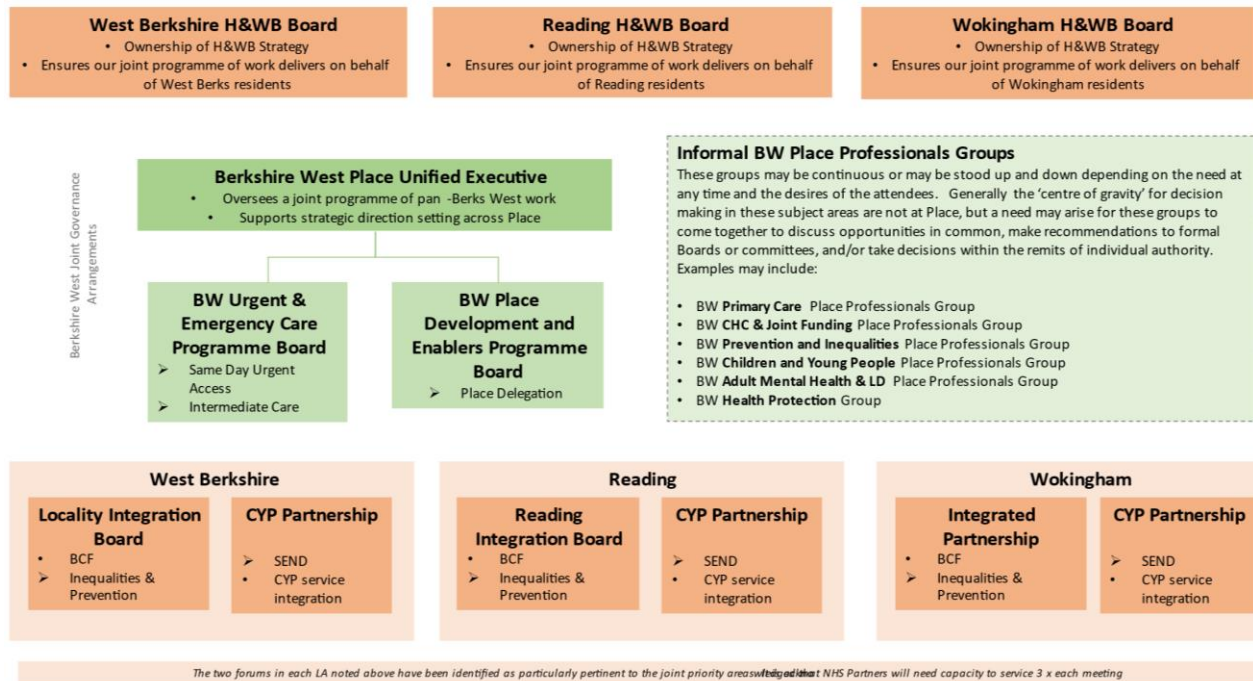
the Partnership work. We seek therefore to strengthen the accountability link between the work of the Unified Executive and the H&WB Boards.

- (2) The Unified Executive will continue largely as it currently does, with a commitment from all partners to prioritise this meeting so that CEO (or equivalent) attendance is the norm.
  - (3) The UE sub-groups (Place-wide) will fall into one of three categories:
    - o a formal *Programme Board* where 'Place' is agreed as the focal point for the programme of work; and
    - o a less formal *Place Professional Groups* A single category of informal Place-level groups has been identified noting generally the 'centre of gravity' for decision making in these subject areas are not at Place, but a need may arise for these groups to come together to discuss opportunities in common, make recommendations to formal Boards or committees, and/or take decisions within the remits of individual authority.
  - (4) The 'Locality Integration Boards' and the 'Children and Young People's Partnership Boards' are key integrated forums within each Local Authority. All partners are currently reviewing attendance at these Boards to ensure an appropriate level of seniority to contribute towards decision making.
  - (5) It is proposed that each Place Priority Programme will be housed within the appropriate UE sub-group noting the existing subject matter experts in attendance. The previous Delivery Group and Flagship Groups are now disbanded.
- 5.8 The Partnership Enablers Programme Board will work with the Chairs of each forum to support a review of their Terms of Reference<sup>1</sup>, confirm appropriate representatives from each organisation, and confirm the reporting arrangements to and from Unified Executive. It will also undertake further engagement with Elected Members, Healthwatch and the VCSE regarding the proposed model.
- 5.9 Our previous joint governance structures were branded as the Berkshire West Integrated Care Partnership. This terminology now relates to the BOB-wide ICP and is creating some confusion locally, however the need for a clear shared identity as a Place Partnership is still acknowledged and the Partnership Place Enablers Programme Board will lead development of a new brand identity for the Berkshire West Place.

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<sup>1</sup> Noting the need to follow formal governance arrangements via the H&WB Boards for the LA level Boards.

## Berkshire West Place-Based Partnership Arrangements (Meeting structure) – Amended June 23



## 6. Place Partnership Commitments

- 6.1 Alongside governance structures, it is important that we are all committed to a common understanding of what working in partnership means in practice.
- 6.2 To set the tone and expectations for our partnership we are working towards the following principles:
- (1) We are a partnership of equals.
  - (2) We will trust each other, be open and transparent and share common purpose.
  - (3) We will assume the best of each other and support one another to better understand the drivers behind individual organisational perspectives.
  - (4) We will lead beyond organisational boundaries and always act in the best interests of the residents we serve.
  - (5) We will look at information and outputs at a Local Authority level (and beyond) by default where possible to better understand specific local needs.
  - (6) We will move away from a legacy transactional, contracting, commissioner-provider model to a transformational, collaborative, outcomes-focussed way of working.
  - (7) We will actively work to remove barriers that prevent effective team-working.
  - (8) We will continually review our partnership ways of working and make improvements as we go.
  - (9) We will hold each other to account.
  - (10) We will make decisions and stick to them.



(11) We will protect the time to meet as a Unified Executive.

## 7. Unified Executive Work Plan

- 7.1 The Unified Executive will ensure that our joint programme of work is delivering improvements for our residents, in line with the commitments noted in Section 4 above.
- 7.2 The workplan ensures good oversight and assurance over our core priority programmes alongside other important partnership subjects.

## 8. Conclusion(s)

This paper sets out the revised Berkshire West Place Based Partnership arrangements which build on existing long-standing commitments to work in partnership on areas requiring our collective oversight and attention. It seeks to strengthen the relationship with the Health & Wellbeing Board and its delivery of the HWBB strategy. The governance structure has been rationalised and the programmes refreshed with a renewed programme rigor through embedding workstreams into existing programme boards.

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### Health and Wellbeing Priorities Supported:

The proposals will support the following Health and Wellbeing Strategy priorities:

- Reduce the differences in health between different groups of people
- Support individuals at high risk of bad health outcomes to live healthy lives
- Help families and young children in early years
- Promote good mental health and wellbeing for all children and young people
- Promote good mental health and wellbeing for all adults

The proposals contained in this report will support the above Health and Wellbeing Strategy priorities by strengthening our combined attention and oversight across Berkshire West on key areas of delivery to ultimately improve resident outcomes

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Appendix A - New or Refreshed Actions

Health and Wellbeing Strategy Delivery Plan 2022-2025																		
Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4		
<b>Priority 1 - Reduce the differences in health between different groups of people</b>																		
1.3: Take a Health in All Policies approach	1.3.3: Identify a current opportunity for a multi-team HiAP pilot project within the Council that can be used as a showcase piece in further staff education.		Health Inequalities Task Force	Elisabeth Gowens	Sep-24	Opportunity identified Project plan put together and approved Commissioning process complete Service delivered Follow-up data collected and analysed Final report on both service and the broader HiAP process						A						We worked through 2021/22 with colleagues in Environment and Education to design a service that could: * Deliver the Environment Deliver Plan's action to 'encourage children to spend more time in nature' * Deliver statutory health education to primary school children * Pilot a new healthy lifestyle service, focusing on nutrition and physical activity, for primary school children  A contract was awarded to the Bucks, Berks and Oxon Wildlife Trust (BBOWT) to deliver this pilot programme to three year groups in two local primary schools.  Delivery of the programme commenced in Sept 2023. Delivery will be complete by June 2023 and all final data and reports complete by Q1-Q2 2024
	1.3.5: Refine and improve process for reviewing new council policies and impact on health and emotional wellbeing (including a focus on reducing health inequalities)		Health Inequalities Task Force	Elisabeth Gowens	Mar-23	Process developed. Template implemented							A					Work underway with colleagues in Legal to discuss the best way to move this process forward.  Q3: This will form part of the paper going to Corporate Board.
1.4: Address the variation in the experience of the wider social, economic and environmental determinants of health	1.4.1: Pilot a whole community approach in a local ward to tackling health inequalities, using data and engaging with local communities		Health Inequalities Task Force	Zoe Campbell / Catherine Greaves	Mar-24	Approach to be developed Evaluation to demonstrate impact	Mar-24											Q4 2022/23 update To be initiated following needs assessment - target date changed to reflect change in HINA target date
	1.4.4: Development of a health impact policy for planning to support healthy environments		Health Inequalities Task Force	Elisabeth Gowens	Mar-24	Process developed Process implemented	Mar-24											A Healthy Planning Protocol has been drafted however needs further reviewing by relevant colleagues in the Council and a further assessment around potential training needed for key staff prior to implementation.  Q3: Drafts shared with relevant colleagues across the Council and will be reviewed in Q4, ready to put implementation plan together.  Q4: hoping to work with OHID to deliver some tailored sessions to colleagues on the use of HIAs. Also now liaising with Health Scrutiny on this work also. Aim to have protocol implemented by March 2024.
1.6: Ensure services and support are accessible to those most in need through effective signposting, targeted health education, promoting digital inclusion and in particular addressing sensory and communication needs. All in a way that empower communities to take ownership of their own health	1.6.1: Increase awareness and uptake of council support services for those most in need e.g. winter grant (placeholder)		Health Inequalities Task Force	April Peberdy/ Catherine Greaves	ongoing	Services that are commissioned around council support from Autumn 2022 have a service specification with a clear health inequalities focus and a proportionate universalism approach.	100%	n/a	n/a									Q4 2022/23 update: This has been achieved for the commissioning of PH services but has not been rolled out across the Council
	1.6.2: Develop Digital Inclusion Champions (specific actions around recruitment and numbers in place)	Assigned to MHAG	Mental Health Action Group	Adrian Barker		Number of champions in West Berkshire, Geographical areas covered, communities of interest	Top 5 most deprived wards covered											There is some work ongoing around digital literacy related to use of the NHS app but this project falls outside of the scope of the team's current role. They would be happy to be involved to support this and recommend speaking to Oxfordshire who are leading some positive work on this.  Was started by Kamal, project didn't get off the ground. Catherine Marstill Digital Literacy Lead for BOB has been in touch with Adrian and Rachel. Adrian Barker initiated. Assign to MHAG.

Health and Wellbeing Strategy Delivery Plan 2022-2025

Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4		
<b>Priority 2 - Support individuals at high risk of bad health outcomes to live healthy lives</b>																		
2.1: Raise awareness and understanding of dementia and ensure support for people who have dementia is accessible and in place for them and their unpaid carers	2.1.1: Improve Dementia diagnosis rates (partnership work with the ICP)		Escalate to BOB ICB	Discuss with Sarah Webster	Mar-24	Support increase in Diagnosis rates for Dementia	65% (April 22) 67% (Sept 22)	66.70%	62.50%			A						Sept figures stand at 59%. We are currently undertaking a data cleanse that is estimated to add 200 more patients to the list bringing the performance up to 62.5%. Targeted work with individual practices continues to improve the diagnostic rate. April conversation with Paul on BW Dementia group, can the group get going again with health buy in? We cannot directly achieve, how can we support?
	2.1.2: Support the increase of Memory Café provision across West Berkshire	Amended to reflect 23/24 requirement	Ageing Well Task Group	Sue Butterworth	Mar-24	Set up and facilitate running of two new memory cafes in West Berkshire, with the objective that this becomes embedded and run in the Community in 2023/24.	Two new memory cafes opened and embedded				2	G						DFWB is a commissioned services funded by PH&WB. Contract extended until 2025.
	2.1.4: Induction training on Dementia to be undertaken for all Adult Social Care Staff. Event to be held with existing staff to raise awareness. Will be recorded as a webinar for future new staff	Amended 23/24	Ageing Well Task Group	Sue Butterworth / Hannah Cole	Mar-24	One Big Dementia Conversation held with existing Adult Social Care staff. Webinar to be incorporated into induction training for new staff	As a result of attendance at one Big Dementia Conversation staff are supported and have increased awareness and understanding of the impact of dementia and how their role can support families in West Berkshire						G					Working with Hannah Cole with two events scheduled for 10th & 24th May 2023 at Shaw House
	2.1.5: Work with local businesses in West Berkshire to raise awareness of role with the community, along with role as an employer for those who are unpaid carers		Ageing Well Task Group	Hannah Cole	Mar-24	Number of organisations & businesses that are members of Dementia friendly West Berkshire Number of Dementia Friendly businesses	???						A					Membership of DFWB has increased to 32 active members although this has been driven by DFWB. It will be really helpful to understand the work that Carers Strategy group are doing around this too and how we can work together. Going forward it will be good to invite representative SB to the Carers strategy group meetings. <b>Carers Strategy Group:</b> New Provider we are working with: Reading and West Berkshire Carers Partnership. Our partners comprise of Age UK Reading, Age UK Berkshire, Reading Mencap and Communicare.
	2.1.6: Develop a promotional campaign for the Reading Well books available in West Berkshire Libraries, linking with Empathy day.	Amended Ownership	Mental Health Action Group	April Peberdy / Jacqueline Cooper	Mar-24	Delivery of promotional campaign  No of books No. of books issued	One  36 140	1  36 148	1  36 149	1  36 122			G					Reading Well for Dementia booklist included in general Reading Well promotions on Libraries social media in April and May (Q1), July and September (Q2) and November (Q3 - latter focusing on e-books). Also specific social media promotions for the Reading Well for Dementia books in December (Q3). All 36 titles are in stock in West Berkshire Libraries. (Number of copies varies at any given point but usually at least two.)
2.2: Work together to ensure that the Dementia pathway is robust, including pre-diagnosis support, improving early diagnosis rates, rehabilitation and ongoing support	2.2.1 Raising awareness to increase identification of carers	New 23/24	Carers Strategy Group	Hannah Cole		Young carers card  Good quality information and advice for carers Explore ways to encourage Carers to gain IT and Digital skills	On going support and encouragement to be provided to Carers to gain digital skills as this will help them to stay connected and be able to access services and support quicker.					G						
	2.2.2 Provide information and advice to carers	New 23/24	Carers Strategy Group	Hannah Cole		Young carers newsletter  Linking with GP Practices and Primary Health Care and other partner organisations who provide information and advice to Carers.	GP Practices and BHFT representation in the Carers group- quarterly updates					G						

Health and Wellbeing Strategy Delivery Plan 2022-2025

Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4		
	2.2.3 Enable access to peer support groups for carers and young carers	New 23/24	Carers Strategy Group	Hannah Cole		Increase number of peer support groups available from 10 to 12 - Signpost to charities, other voluntary and private organisations that support carers and young carers.	Increase of 2 groups					G						
	2.2.4 Support carers health and mental wellbeing	New 23/24	Carers Strategy Group	Hannah Cole		Ensure Carers assessments gives Carers time to explore their needs (mental, physical, emotional etc). Ensuring carers have access to services including mental health support groups Link with GP Practices and Social Prescribers Enabling participation in activities working in partnership with local leisure centres.	quarterly updates on Carers assessment completed, Carers Partnership to provide update on signposting Carers to mental health support groups, gym, local leisure centres, health checks etc.					G						
	2.2.5: Develop a journey for people with dementia pre and post diagnosis (service transformation – Berkshire West) Identify key stakeholders for working group Review pathway to identify gaps Review Clinical and non-clinical pathway. Engage service users and carers in development of proposals		Escalate to BOB ICB	Sue Butterworth / escalate to Sarah / Belinda	TBC	Establishment of working group	escalate to Sarah					G						Discussions are ongoing between WBC PH & ASC & health to look to reconvene the Berkshire West Dementia Steering group. In the meantime Health colleagues to provide update please. Historically this was being looked at by the Berks West Dementia Partnership - in it's absence : Clinical pathway -Lajla Johannsson will pick up the dementia work. Non Clinical Pathway - DFWB worked with Michelle Berry (Reading BC) to map the Non Clinical Pathway for Berks West. Michelle left at start of summer, leaving DFWB to undertake testing with PWD & Social Prescribers. Once capacity allows testing to complete it will be added to DFWB website. Aim to launch World Alzheimer's Day in Oct.
2.4: Work with partner agencies to promote the health and wellbeing of unpaid carers	2.4.2: Review and refresh the Carers Strategy Action plan	Transfer to LIB	Local Integration Board	Maria Shepherd / Hannah Cole	Mar-24	Actions as will be contained within the plan	N/A											In the process of updating the Action plan Amend from Carers Strategy Group to LIB (agreed with Maria S)
2.5: Reduce the number of rough sleepers	2.5.1: Continue to work together to prevent rough sleeping and reduce the number of people who do sleep rough (Implementation of the Homelessness and Rough sleeping strategy)		Homelessness Strategy Group	Nick Caprara	Jul-05	Number of people sleeping rough	< 2											
2.6: Improve the mental and physical health of rough sleepers and those who are homeless through improved access to local services	2.6.2: Increase dental registration among rough sleepers and those in temporary accommodation: work with ICB? to develop a process for registration (placeholder - to be determined)	Amended	Homelessness Strategy Group SE inequalities board,	Nick Caprara	Year 1	Process in place for registering	N/A											ZC 09/05 Need a baseline, who is Nick?
	2.6.3: Adoption of the Serious Case Review Protocol		Homelessness Strategy Group	Nick Caprara	Mar-22	Adoption of protocol	N/A											
2.7: Prevent, promote awareness and provide support to those who have experienced domestic abuse	2.7.1: Continue to implement the action plan from the Local Domestic Abuse Strategy 2020-2023 to meet identified aims		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Refresh due in 2023	Action plan	Action plan fulfilled by 2023					G						On track - Domestic Abuse Board continue to oversee Strategy and the Action Plan. Currently being refreshed to amalgamate Domestic Abuse Strategy and the Domestic Abuse Safe Accommodation Strategy. To be refreshed.
	2.7.2: Implement the new Domestic Abuse Safe Accommodation Strategy 2021 – 23 and accompanying action plan		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	To be combined with full DA Strategy as part of refresh in 2023	Needs identified being met through action plan	Action plan fulfilled by 2023					G						On track - Domestic Abuse Board continue to oversee and monitor at bi-monthly meetings. Various pieces of work have been commissioned/undertaken to date. In line with the previous Objective this is to be refreshed as the two Strategies are to be amalgamated.



Health and Wellbeing Strategy Delivery Plan 2022-2025

Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary	
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4			
	2.7.3: Local needs assessment: need and demand for accommodation based support for all victims	Amended indicator	West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Every 3 years (next due 2023)	Complete needs assessment by Dec 23	N/A					G						On Track - A full needs assessment is required every three years but a refresh is required on an annual basis to review any change in provision. Therefore, funding has been allocated towards commissioning a consultant to undertake the needs assessment refresh. The consultant will also be responsible for combining our Domestic Abuse Strategy 2020-23 and Domestic Abuse Safe Accommodation Strategy 2021-23. Work has gone out to tender and the contract awarded. The needs assessment work is to start imminently.	
2.8: Support people with learning disabilities, engaging with them and listening to them through working with voluntary organisations	2.8.2: Implement Positive Behaviour Support across Health and Social care		Skills and Enterprise Partnership (working with MP Laura Farris)	Iain Wolloff	Annual	Delivery of event. Attendance. Feedback	40		800	800		G						The second annual Work & Careers Fair (the 'Destinations Expo') was successfully delivered on 13th October 2022 at Newbury College. Over 800 young people from local secondary schools attended, with around 50 employers and other organisations exhibiting. There was a strong focus on careers for students with disabilities, with over 100 attending and all employers attending a briefing on supported employment. The EBP projected managed the event, with financial support from the Greenham Trust. A further event is now being planned for October 2023.	
	2.8.4: Extension of the "Delivering Life Skills" Programme, delivered by the EBP.		Skills and Enterprise Partnership	Iain Wolloff	Jul-22	Delivery of programme attendance Feedback from young people and schools	60 young people attending the DLS programme		163	163		G						The H&WB approved funding for this programme, which was delivered in secondary schools by the EBP. All sessions were completed by July 22, with 163 participants. A further funding bid for 2022/23 has now been approved by the HWB Board.	
2.9: Increase the visibility and signpost of existing services and improve access to services for people at higher risk of bad health outcomes	2.9.3: Re-development of the Health and Wellbeing Board engagement group	Amended	HWB engagement group	???		HWEG re-established and ToR agreed	TBC					R						The Engagement Group still does not have a Chairman following the departure of Kamal Bahia. The importance of comms is recognised by all HWB partners.	
	2.9.4: Create a stakeholder map of our current Community and Voluntary sector partners who are working with those at higher risk of bad health outcomes		Communities and Wellbeing	April Peberdy	Mar-24	Completion of the network map	N/A												
	2.9.8: Use targeted paid adverts on social media to improve knowledge and awareness of services, tips and advice about health and wellbeing (placeholder)		Communities and Wellbeing	April Peberdy	Mar-24	To be developed	TBC												
	2.9.9 Organise an annual Health and Wellbeing Conference, which is focused on current issues and tackling health inequalities		HWB engagement group	???	May-24	To be developed	TBC			1			G						
<b>Priority 3 - Help families and children in early years</b>																			
3.1 Ensure families and parents have access to right and timely information and support for early years health. Working with midwifery, Family hubs, healthy visiting and school nursing	3.1.1 Breastfeeding	New 23/24	Childrens Early Help and Prevention Partnership	Nerys Probert			Support Worker in Post												
	3.1.2 1001 Days Platform	New 23/24	Childrens Early Help and Prevention Partnership	Jo Roberts / Nerys Probert			Feedback from families.												
	3.1.3 Enhance the Midwifery, Health Visitor and Early Response Hub liaison meeting to identify children and families at early help at the earliest opportunity	New 23/24	Childrens Early Help and Prevention Partnership	Steph Coomber - Early Response Hub	Sep-23	Increase in the number of pregnant women from vulnerable communities accessing support at an earlier stage	Vulnerable women receive support												
3.2: Ensure families and parents have access to right and timely information and support for early years health. Working with	3.2.1 Map parenting provision in West Berkshire identifying any gaps in provision	New 23/24	Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Aug-23	Parenting provision (groups, classes, one to one, online) is identified across West Berkshire, with any gaps in provision being identified	To identify parenting provision across different sectors and locations												

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Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4		
midwifery, Family hubs, healthy visiting and school nursing	3.2.2 Update the West Berkshire Directory with Parenting information to ensure professionals and parents can access courses	New 23/24	Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Dec-23	Parenting information is available and accessible through the West Berkshire Directory	To make information about parenting available to parents and professionals, easing access to such provision											
	3.2.3 Create parenting information on West Berkshire Council website that enables parents to identify the most suitable type of parenting support available to them linking back to the WB Directory	New 23/24	Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Mar-24	Parents can identify through age range/stage, specialist need or location the most appropriate course/support to meet their parenting need	Parenting provision is easier to identify and locate by parents and professionals											
	3.2.4 Develop and promote Parental Conflict training and resources to those involved in providing Early Help	New 23/24	Childrens Early Help and Prevention Partnership	Didge Oku - Reducing Parental Conflict Coordinator	Jan-24	Practitioners and professionals are trained and equipped to identify and address parental conflict in the Early Help space	Practitioners are trained in reducing parental conflict											
	3.2.5 Work with the wider partnership to address any gaps in parenting provision identified	New 23/24	Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	45717	Gaps identified in parenting provision are addressed through the creation or commissioning of provision to meet identified needs	Gaps in parenting provision are met											
3.3 The Early Help system in West Berkshire is designed to meet the needs of children and families who need early help support	3.3.1 Undertake a self-assessment of Early Help in West Berkshire to identify strengths and areas for development	New 23/24	Childrens Early Help and Prevention Partnership	Stacey Clay - Supporting Families	45108	Early Help System Guide is completed covering Leadership, Data, Workforce, Communities and Family Voice	Strengths and areas for development are identified in the our Early Help System											
	3.3.2 Create, test, pilot and evaluate an Early Help digital referral form that can be used across the partnership	New 23/24	Childrens Early Help and Prevention Partnership	Steph Coomber - Early Response Hub	45200	Partners in community settings have confidence in identifying and referring children and families who need Early Help support	Early Help referral form is created and embedded in practice.											
	3.3.3 Review, amend and update My Family Plan as a tool that can be used across the Early Help system to drive the early help practice	New 23/24	Childrens Early Help and Prevention Partnership	Karen Atalla - CAAS	45261	Partners in community settings have confidence in leading or participating in a My Family Plan	Children and Families in need of early help find My Family Plan a useful tool to drive change and support											
	3.3.4 Review the role of Family Hubs in the Early Help system in light of the Social Care Review recommendations	New 23/24	Childrens Early Help and Prevention Partnership	HOS Education / HOS CFS	45352	Family Hubs role in Early Help and Family Help is clarified and strengthened	Families in need of Early Help are able to access support in a timely accessible way											
	3.3.5 Develop a Family First assessment that assesses and intervenes with families who require more enhanced early help support	New 23/24	Childrens Early Help and Prevention Partnership	Karen Atalla - CAAS and Steph Coomber	45139	Families presenting with multiple needs are diverted from statutory intervention through a Family First Assessment to have their needs met in the Earlier Help space	Families receive the right support at the right time from the right people											

Priority 4 - Promote good mental health and wellbeing for all children and young people

4.1 Enable our young people to thrive by helping them to build their resilience	4.1.1: Health and wellbeing in schools programme: 1. Health and Wellbeing in Schools Award 2. The Public Health and Wellbeing Health and Wellbeing in Schools programme.	Amended 23/24	Communities and Wellbeing (Public Health)	Paul Graham	Mar-24	1. No. of schools taking up offer. 2. Universal Year 3 Living Well workshop	1. 75% of schools who start the award completing it 2. 30 schools receiving workshop	1. 1, 3. Being developed in 23/24 . Being developed for 23/24					G					
	4.1.3: Develop and expand the Young Health Champions programme	Amended 23/24	Communities and Wellbeing (Public Health)	Paul Graham		Number of champions recruited. Number of young people reached.	21/22 - 50. 22/23 - 30 per year	11 0 (11 cumulative) 7 new 18 cumulative					G					Target updated to 30 per year for 2022/23. Time limited funding to 24/25

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Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4		
4.2: Aim for early identification of those young people in greatest need, or at risk of developing a mental health condition	4.2.1: Creating a single access and decision-making arrangement across the delivery Partnership		Childrens Prevention and Early Help Partnership	Manu Cuccreddu???	Oct-21	Existing access and referral arrangements realigned into a single Berkshire west approach	Completed Sept 2022											Scoping exercise undertaken that will inform the review of CAMHS.  The indicator should be described as "no wrong door".
	4.2.2: Building a formal Delivery Partnership arrangement. a) A single access and decision-making point that all delivery aligns to b) A joint communication approach and set of tools that explains to CYP, parent and carers, schools, and primary care colleagues how to access support and the type of response and offer they can expect c) A joint workforce development programme.		Childrens Prevention and Early Help Partnership			TBC	Berkshire West event in Spring 22	Aligned Commissioning model June 2022										
4.6: Expand our trauma informed approach among formal and informal service providers	4.6.2: Expand the provision of Therapeutic Thinking training for all school staff		Childrens Prevention and Early Help Partnership	Michelle Sancho	Dec-22	Number of schools engaged Reduced number of suspensions Reduced (FTEs) permanent exclusions Reduced number of Alternative provision Reduced number of SEND specialist placement												
4.7: Improve the process for transition to adult mental health services	4.7.6 Dedicated 16-25 transitions worker within CYP Substance Misuse services		Substance Misuse Partnership	Denise Sayles	New contract beginning April 2022	Worker in place												DS preparing new actions to come out of combatting drugs partnership by 7th June
<b>Priority 5 - Promote good mental health and wellbeing for all adults</b>																		
5.1:Tackle the social factors that create risks to mental health and wellbeing, including social isolation and loneliness	5.1.3: Work with the Homelessness Strategy Group to understand gaps and/links to poor mental health and wellbeing (e.g. reason for eviction)		Homelessness Strategy Group	Nick Caprara	Jun-22	Gaps identified in service provision % of homeless people reporting being support with their mental health (place holder)	As per Homeless Strategy Group KPI's											
	5.1.4 Raise awareness of resources and interventions that help to address mental health and wellbeing and related issues (e.g. rural isolation and loneliness) to residents, community groups and key stakeholders	Transferred to Ageing Well	Ageing Well Task Group	April Peberdy	Dec-22	Number of entries inputted onto aDoddle (community mapping tool) Number of hits on West Berkshire directory	<del>One per household</del> <del>20 organisations</del> <del>10% increase from baseline</del>											Z cards updated again and a further 5,000 cards have been ordered. 3,000 for schools and 1,000 for west Berkshire foodbank, 50 to Newbury Soup Kitchen, 100 to West Berkshire Suicide Prevention Action Group. We have also provided some to Healthwatch and the new Be Well this Winter service.  Ageing Well Task Group meeting to decide on all actions
5.2: Work with local communities, voluntary sectors and diverse groups to rebuild mental resilience and tackle stigma	5.2.4: Run regular service users engagement events to ensure the continuous improvements of local services e.g. Thinking Together		Mental Health Action Group	Adrian Barker	Mar-23	Number of Thinking Together events held Number of service users attending events  % service users and % professionals in attendance	As per service specification/ funding agreement					A						The next thinking together event with young people is to be run with Berkshire Youth, has been postponed until at least March 2023.
5.3: Recognise the importance of social connection, green spaces and different cultural contexts for mental wellbeing. Increase social prescribing by promoting access and signpost to activities that promote wellbeing	5.3.2. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing	New 23/24	Ageing Well Task Group	Sue Butterworth		Work in partnership to develop a supported volunteer programme with residents with a learning disability, which addresses the identified need for gardening help for ageing or vulnerable residents in West Berkshire	Gardening help for elderly and vulnerable residents											Project Support Officer, Nature for Health in post. Indicator amended in line with appraisal objectives

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Objective	Description	New 23/24	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	2023/24				RAG Status	Commentary
								Q1	Q2	Q3	Q4		Q1	Q2	Q3	Q4		
	5.3.3. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing	New 23/24	Ageing Well Task Group	Sue Butterworth		Work in partnership to develop a supported volunteer programme with residents with a learning disability, which addresses the identified need for gardening help for ageing or vulnerable residents in West Berkshire	Support and encouragement for people with learning disability to acquire new skills and confidence which could help them into paid employment											Project Support Officer, Nature for Health in post. Indicator amended in line with appraisal objectives
	5.3.4 Using a co-production approach where possible - develop and deliver nature for health activities to reduce social isolation and loneliness and support communities	New 23/24	Ageing Well Task Group	Sue Butterworth		Using a co-production approach develop and deliver nature for health activities to on an intergerne	Deliver a nature for health project to an intergenerational audience											Project Support Officer, Nature for Health in post. Indicator amended in line with appraisal objectives
5.4: Improve access to, quality and efficiency of services available to all who need them, including improved digital offerings for those who can and prefer to use them.	5.4.4: Develop and promote a range information and tools to support transition across the life course (e.g. birth, school, college/ university, employment, moving house, marriage, divorce/ separation/ widow, bereavement) through Be Well (or similar platform).		Mental Health Action Group	Adrian Barker	Apr-22	Number of resources produced	One per quarter											
	NEW: 5.4.5: Monitor and support the implementation and development of the new Mental Health Integrated Community Service in West Berkshire		Mental Health Action Group	Adrian Barker	Mar-24	Regular reports/updates to MHAG from BHFT	TBC											
5.6: Improve access to support for mental health crises and develop alternative models which offer sustainable solutions, such as peer mentoring or trauma-based approaches.	5.6.2: Implement and deliver the priorities of the new Berkshire Suicide Strategy		Shared Public Health Team	John Ashton	Jan-23	Operational delivery plan produced	N/A											
	5.6.3 Raise awareness of the issue of suicide, its causes and sources of help to those affected by either feeling suicidal or bereaved as a result of suicide.		West Berkshire Suicide Prevention Action Group	Garry Poulson	Apr-22	Number of organisations contacted	10 per quarter		Target Exceeded	Target Exceeded								Our last course was delivered on Tuesday 10th January for front line voluntary sector workers from listening charities. Our worker is presently updating her Mental Health First Aider qualification. Next Suicide First Aid Course booked for 28th February 2023 for face to face at Broadway House, and we are actively making bookings. She will attend CPD events and Tutor drop-in sessions to keep her Suicide First Aid Tutor qualification current. She keeps in regular contact with Garry Poulson for supervision and a fellow Tutor for de-briefing and continuing support.



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Appendix B - Completed or Removed Actions

Health and Wellbeing Strategy Delivery Plan 2022-2025												
Objective	Description	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	Commentary
							Q1	Q2	Q3	Q4		
<b>Priority 1 - Reduce the differences in health between different groups of people</b>												
1.1 Use information and intelligence to understand our communities, identify those who are in greatest need and ensure they are able to access the right services and support	1.1.1: Undertake a health needs assessment on health inequalities, including impact of Covid-19	Wider Determinants (Health Inequalities) Sub Group	Zoe Campbell/ Catherine Greaves/ John Ashton	Sep-23	Completed HNA						A	Q4 2022/23 update The following outputs from the HI Needs Assessment are complete: data analysis & a digital dashboard (Powerbase Platform) for officers in the PH team & the HITF, infographics for engagement & co-production use (will be published on the Observatory in the next 6/52 or so. These outputs are in progress: a digital HI story map for the Berkshire Observatory, an interim MS Word report for the HITF , an MS Word PDF HINA report. The delivery date for the HINA report and Action Plan has been pushed back to reflect the delivery date in the corporate Service Plan schedule. The HITF aren't currently meeting during this time of change in the PH leadership at WBDC & BW level and there are still some decisions to be made around community engagement/co-production for the completion of the HINA. We are also awaiting the finalisation of the BOB ICP priorities directly linked to HI.
1.2: Assess how Covid-19 has differentially impacted our local populations, including through the displacement or disruption of usual services.	1.2.1: To hear from our residents through conducting a representative residents survey every two years (starting December 2021).	West Berkshire Council Consultation Team	Catalin Bogos	Survey every 2 years	Survey completed.							Next survey due 2024.
	1.2.6: Implementing the Recovery from Covid-19 Strategy	Recovery and Renewal Group	Joseph Holmes		KPIs as under the delivery plan							<b>Complete and for removal.</b> The original Recovery Strategy was approved in June 2020, with an updated version approved in May 2021. This set out a range of projects and opportunities for the Council to implement in order to assist with the recovery from the Covid-19 pandemic. On 1 April 2022, all remaining Covid restrictions had been lifted, and given that most of the actions had been substantially completed or were ongoing, the Executive agreed in July 2022 to approve the disbanding of Covid-19 recovery work and move any outstanding work into 'business as usual' or form part of the Council Strategy 2023-27.
	1.2.7: Complete the Covid-19 Dashboard. Including the incorporation of local West Berkshire data	Recovery and Renewal Group	Tracy Daszkiewicz	Dec-21	Completed dashboard							<b>Complete and for removal.</b> A Covid dashboard was created for West Berkshire on the Berkshire Public Health website, with data updated on a weekly basis. Following removal of domestic restrictions and free Covid testing in England on 1 April 2022 the dashboard was removed from the website.
1.3: Take a Health in All policies approach	1.3.2: Mapping of West Berkshire Strategies to identify areas of opportunity for combined working	Wider Determinants (Health Inequalities) Sub Group	Elisabeth Gowens	Mar-22	Completion of mapping work.							<b>Complete and for removal.</b> Potential areas of focus for HIAP work identified.
	1.3.4: Establish local authority support network for HIAP	Health Inequalities Taskforce , Public Health West Berkshire	Elisabeth Gowens	Dec-21	Network created. First meeting held. ToR produced	N/A						<b>Complete and for removal.</b> Management of the network handed over to the LGA.
1.4: Address the variation in the experience of the wider social, economic and environmental determinants of health	1.4.2: Public Awareness campaign to promote the sustained employment of people from under-represented groups	Skills and Enterprise Partnership	Iain Wolloff		Delivery of campaign, engagement	One campaign						<b>Complete and for removal.</b> Groundwork successfully delivered an employer event at the Watermill Theatre on the 15th September 2022. The purpose of the day was to help organisations to understand Autism, Asperger's and mental health issues that affect participants and how small changes within organisations can result in successful placements, employment, and training.

	1.4.3: Support PCNs to tackle health inequalities through identifying and engaging with a population experiencing health inequalities	Locality Integration Board Berkshire West CCG	Maria Shepherd / Belinda Seston	Delivery to commence from March 2022	Population identified Intervention designed and implemented	N/A									<p><b>Complete and for removal.</b> The four West Berkshire PCNs are working jointly on a project to support patients with learning disabilities and severe mental illness to take up the offer of an annual health check. A project brief outlining the identified interventions has been presented to the Locality Integration Board and regular updates are being provided.</p> <p><b>Q3 Update:</b> Improvement toolkit for practices shared with LD advocates for contributions, signed off by Dr Heather Howells and shared with practices. Successful meeting held with special schools regarding development of a lesson plan to support young people with LD to understand the importance of health checks. Some practices already performing very well with their health checks. Next project phase will be for practices to implement advice in improvement toolkit and maximise health check take up throughout Q3 and Q4. Key feedback from both pertains to reasonable adjustments.</p>
	1.4.5: Physical Activity Champion training	Public Health	Elisabeth Gowens	Jun-22	Number of Champions trained	15									<p><b>Complete and for removal.</b> Training complete and PAC network established.</p>
1.5: Continue to actively engage and work with ethnically diverse communities, the voluntary sector, unpaid carers and self-help groups, ensuring their voices are heard.	1.5.1: Create a stakeholder map of our current Community and Voluntary sector partners who are working to address health inequalities	Health Inequalities Taskforce	Zakyeya Atcha	Dec-22	Completion of network map	N/A									<p><b>Complete and for removal.</b> 21 stakeholders mapped.</p>
	1.5.3: Implement the Comms & Engagement Delivery Plan (key actions) Reviewing engagement with Parish & Town Councils (Dec 21). Voluntary and community sector support (April 22). Co-production framework (Nov 21). Maintaining signposting and connections to community support functions (April 22). Develop, distribute and evaluate a new grant fund to support community based co-production work. (aligns with Equality and Diversity Strategy too)	Engaging and Enabling Communities (BCT)	Susan Powell	Dec 2021  April 2022  Nov 2021  April 2022  TBC	KPIs as under Comms and Engagement Delivery Plan	As per plan									<p><b>Complete and for removal.</b> - Reviewing engagement with Parish &amp; Town Councils (Dec 21) - completed and Improvement Plan being implemented. - Voluntary and community sector support (April 22) - 2 tendering processes unsuccessful; grant being negotiated with the Volunteer Centre West Berkshire. - Co-production framework (Nov 21) - work completed and roll out continuing. - Maintaining signposting and connections to community support functions (April 22) - Review of need for digital community signposting is complete. Pilot of aDoddle community mapping has been completed. Procurement exercise completed and project now re-defined and moved to Digital Services to secure a future solution.  Develop, distribute and evaluate a new grant fund to support community based co-production work. (aligns with Equality and Diversity Strategy too) - grant fund no longer available. This action to be closed down.</p>
	1.5.4: Ethnically diverse advocacy groups: identifying and engaging with key community contacts amongst the ED community	Communities and wellbeing/ HR BCT	Susan Powell	Ongoing	Key diverse communities are better understood										<p><b>Complete and for removal.</b> Commissioned service provided by Educafe has provided details of ethnically diverse communities in West Berkshire. Action complete and this work will continue as business as usual.</p>
	1.5.5: Increase accessibility of Ethnically diverse advocacy services across West Berkshire: Expansion of Educafe to provide mobile service	Communities and wellbeing/ HR BCT	Susan Powell	Jun-22	Number of outreach community cafes										<p><b>Complete and for removal.</b> Educafe have run community cafes for approx. 40 weeks. They also held an inclusive event in Dec 22 (festive bazaar). Mobile service was trialled in summer 2022 in Hungerford and Thatcham. Resourcing currently focused in Newbury to deliver single community cafe successfully. Weekly attendance approx. 150-180 at Newbury library and this will continue - business as usual.</p>

	1.5.6: Promote the range of events that celebrate the diversity of our community	Communities and wellbeing/ HR BCT	Susan Powell	Dec-22	Number of events								<b>Complete and for removal.</b> Educafe have promoted events and consultations to diverse communities across West Berkshire as they have arisen. Educafe hold an inclusive event themselves every year (to be held in Dec 22). Continues as business as usual.
	1.5.7: Support and develop the Community Conversations forum	Health Inequalities Taskforce , BCT	Susan Powell	Ongoing	Number of community conversations forum meetings held . Number of community attendees	12 meetings/yr.							<b>Complete and for removal.</b> Collaboration with Building Communities Together Team to support the community conversation following completion of the needs assessment. Monthly Community Conversations continue on a range of topics chosen by participants. Additional Conversations have been arranged on specific topics such as the raising cost of living and also to support community engagement activities. Survey Monkey has been created to make sure the Conversations stay focused and are community based. To date 24 Conversations have taken place. This is now business as usual as an established way of working with community groups.
1.6: Ensure services and support are accessible to those most in need through effective signposting, targeted health education, promoting digital inclusion and in particular addressing sensory and communication needs. All in a way that empower communities to take ownership of their own health	1.6.3: To improve support and both awareness of and access to services with diverse ethnic communities through the support agency Educafe. Weekly community café.	Human Resources BCT	Susan Powell	Weekly café	Attendance at cafe. Number of services/partners attending weekly								<b>Complete and for removal.</b> Educafe hold weekly community café's at Newbury Library. These offer an inclusive opportunity for communities to connect and signpost to support; cafes are ongoing. This is now business as usual and is ongoing.
	1.6.4: Develop a Whole Systems Approach to Physical Activity. • Undertake system workshops • Develop system map • Physical activity strategy	ICP (Prevention Board)	Brett Nichols	Mar-23	Number of workshops.  Development of Physical activity system map.  Development of physical activity strategy	2 workshops							<b>Complete?</b> Q3: System Mapping workshops delivered and a map produced. Now looking to present findings to the Berkshire West Public Health team to get buy-in and understand strategic direction.
	1.6.6: Focus on CVD prevention • Pilot of BP kiosks across West Berkshire • Targeted approach to NHS Health checks with at risk groups	Public Health Team, ICP Prevention Board	April Peberdy/ Catherine Greaves	ongoing	Number of kiosks  Utilisation of kiosks (evaluation)  Targeted NHS Health checks delivered	3 kiosks   80% of overall							<b>Complete and for removal.</b> This work has been completed and a report has been circulated.
<b>Priority 2 - Support individuals at high risk of bad health outcomes to live healthy lives</b>													
2.1: Raise awareness and understanding of dementia and ensure support for people who have dementia is accessible and in place for	2.1.3: Engagement with partners to continuously update and expand the Dementia friendly West Berkshire Website	Ageing Well Task Group	Sue Butterworth	Mar-23	Increase on previous	536 visits to website	607 visits to website	494 visits to website				G	<b>Delete - BAU Activity.</b>
2.2: Work together to ensure that the Dementia pathway is robust, including pre-diagnosis support, improving early diagnosis rates, rehabilitation and ongoing support	2.2.1: Engagement event to understand the person's experience and Journey (Placeholder - tbc)	Healthwatch (Wokingham) Berkshire West CCG			To be developed	TBC							
	2.2.3: Care home support for residents with Dementia: Medication reviews Managing behaviour changes Reduce levels of depression (Placeholder action)	BOB ICB (Berkshire West)	Helen Clark	TBC	To be developed	To be developed							<b>Delete?</b> Not currently in any work programmes and not an agreed action.

	2.2.4: Improve the access to and quality of Annual reviews in GP practices to ensure community and partner support for people with dementia (annual health check improvement plan)	Mental Health & Learning Disability Board Berkshire West , BOB ICB (Berkshire West)	Helen Clark	Ongoing	Proportion of people with dementia receiving an annual GP check. Impact of annual review in improving access to services	To be developed							<b>Delete?</b> Not currently in any work programmes and not an agreed action.
2.3: Improve identification and support for unpaid carers of all ages	2.3.1: Use findings from the Carers Strategy Survey to understand gaps in support. - Including questions on accessing covid-19 vaccine and barriers encountered	Carers Strategy Group	Hannah Cole	Oct-21	Number of PwD and carers supported weekly	25							We have not specifically asked carers about any difficulties they encountered regarding accessing covid 19 vaccine. We do not have this information to hand. We aim to capture this information going forward from our new providers (Reading and West Berkshire Carers partnership).
	2.3.2: Embedding new process for online referrals of Young carers and ensuring all partners are aware. • Social media promotion	Young Carers	Laura Taylor	Ongoing	Numbers of referrals	N/A							<b>Complete - business as usual.</b> Most referrals relating to young carers are completed online and advertised on the West Berkshire Council website and West Berkshire Directory. There is an additional option to refer via the CAAS/Early Response Hub who automatically generate a Young Carer referral form. It is recognised that schools are excellently placed to identify young carers therefore the Young Carers worker has a training slot at the schools Designated Safeguarding Leads forum and provides an overview of the role and outlines the referral process at those forum.
	2.3.3: Raise awareness of young carers. • Engagement with partner agencies. • Advice and information sessions with schools. • Young carers groups at schools. Re-establish young carers champions	Young Carers	Laura Taylor	Ongoing	Number of schools engaged with. Young carers champions	No target set							
2.4: Work with partner agencies to promote the health and wellbeing of unpaid carers	2.4.1: Update the Health top tips leaflet for carers	Carers Strategy Group	Hannah Cole	Dec-21	Leaflet completed. Distribution	N/A							<b>Complete and for removal.</b> Information within Carers Hub Leaflet
	2.4.3: Using the young carers dashboard to continuously review engagement with services and outreach to new attendees	Young Carers	Laura Taylor	Ongoing	Number of new young carers identified	N/A	42	29	25				<b>Complete - business as usual.</b> The young carers dashboard is a tool utilised to monitor the progress of both new contacts received and young carer assessments. This brings assurance that there is no drift and delay and enables monitoring of the support young carers are engaged with to determine the appropriate support for the individual child/young person.
	2.4.4: Use feedback from young carers to inform and expand the activities on offer: online form	Young Carers	Laura Taylor	Ongoing	Number of responses to online form. New activities offered	No target set	0	0	0				<b>Action refined - return to service.</b> Feedback is collated from young carers directly during each of the sessions. The information gathered is utilised to inform the development of future sessions so that activities and group work is tailored to the young people's age and stage of development. The apprentice young carer activity coordinator will have a pivotal role in further developing the feedback process and the way that their participation and engagement is developed. We will use a model of co-production with young carers in enhancing the development of a process for gathering and utilising feedback.
	2.4.5: Recruit volunteers to 1-1 mentoring role to work with young carers with particular challenges	Young Carers	Laura Taylor	Ongoing	Increase in mentor numbers. Increase in young carers supported	No target set	0	0	0				<b>Action delayed until recruitment - return to service.</b> Work to develop this role has been hindered due to limited capacity. Once the apprentice Young Carers Activity Coordinator is in post this work will progress via the young carers' worker. As an interim measure, work has been completed to ensure young carers have access to adults who can bring positive influences and offer guidance. An example of this is the utilisation of the Early Response Hub Youth worker. He now attends the young carers' primary group and other clubs.



2.6: Improve the mental and physical health of rough sleepers and those who are homeless through improved access to local services	2.6.1: Increase GP registration among rough sleepers and those in temporary accommodation: work with CCG to develop a process for registration (placeholder)	Local Integration Board (Homelessness Strategy group), SE inequalities board,	Nick Caprara	Dec-22	Process in place for registering	TBC							<b>Delete - no ongoing programme of work.</b> There has been a big national push to ensure homeless people are able to register with a GP regardless of proof of address/ ID. There is also no notable number or pattern of inquiries going into the ICB reporting difficulties. A leaflet has been shared with LA Housing colleagues for wider circulation to homeless applicants and VCS. Also link to the Safe Surgeries toolkit. Although it does refer to immigration status the focus is on not insisting on proof of address/identification to register.
	2.6.4: Develop a clear process from admission through to discharge from hospital settings, to ensure homeless patients are discharged with somewhere to go with support in place (placeholder)	Local Integration Board, Homelessness Strategy Group, SE inequalities board	Nick Caprara		To be developed	TBC							
2.7: Prevent, promote awareness and provide support to those who have experienced domestic abuse	2.7.4: Review of performance data to identify areas for improvement, opportunities to increase service provision, develop training	West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Quarterly	Discussions at DAB. Increase in reporting of DA. Further training opportunities offered for 2022/23							G	<b>Complete and for removal.</b> On Track - Domestic Abuse Board regularly review datasets at each bi-monthly meeting. There has been an increase in DA recently which TVP have reviewed and one of the explanations to this is that there is an increase in reporting. Review of performance is business as usual.
	2.7.5: Establish a Lived Experience subgroup to inform decision making and system change	West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Quarterly	Voices/view captured and reported into DAB							G	<b>Complete and for removal.</b> Lived Experience Group established and operational for over 6 months. This group reports into the Domestic Abuse Board and is now business as usual.
	2.7.6: Number of multi-agency staff trained in Domestic Abuse Awareness and Domestic Abuse Champions Training	BCTP	Jade Wilder	Quarterly	Number of individuals trained	8 - 15 per session	0	9	15				G
2.8: Support people with learning disabilities, engaging with them and listening to them through working with voluntary organisations	2.8.1: Implement Positive Behaviour Support across Health and Social care	BOB ICB (Berkshire West)	Niki Cartwright	Oct 2021 - April 2022	4 levels of training to be delivered	?						G	<b>Complete and for removal.</b> First programme has been delivered and evaluated. HEE has awarded funding to extend training programme for another year targeted at children and young people.
2.9: Increase the visibility and signpost of existing services and improve access to services for people at higher risk of bad health outcomes	2.9.4: Create a stakeholder map our current Community and Voluntary sector partners who are working with those at higher risk of bad health outcomes	Communities and Wellbeing	April Peberdy	Dec-22	Completion of the network map	N/A							
	2.9.5: Promote awareness and access to the West Berkshire Directory, ensuring that the information within it is kept up to date	HWB engagement group	Kirstie Rainbow / Jessica Monteith-Chachuat	Ongoing	Hits to Website. (?demographic indicators/targets)	TBC							<b>Delete - BAU Activity</b> Access to Google Analytics provided
	2.9.6: Maintaining signposting and connections to community support functions by undertaking a review of strategic signposting (including the West Berkshire Directory)	Communities and Wellbeing	April Peberdy	Mar-23	Review completed. New digital offer in place	N/A							<b>Complete?</b> Review West Berks Directory undertaken by BCT team. The process did not result in receiving any successful bids. Paper to procurement board recommending extension of existing contract for a further year whilst alternative options are explored. New Action owners identified for this next phase of work.

2.9.7: Pilot aDoddle map - to include community groups. Feedback on map and use	Communities and Wellbeing	April Peberdy	Sep-21	Local community groups created a profile for their organisation, including information about their services  Group data uploaded rated as green  Volunteering opportunities enhanced Asset based community development supported	75%	27 groups on the map 5 awaiting final edits and upload 13 in discussion with groups to develop profile		46 groups on the map		G	Delete? Pilot successfully completed and report taken to CFPB with agreement received to continue to work with communities to support the map. Now also being used to map and promote the Warm Spaces across West Berkshire. Further promotion of the map planned for Jan 23.
2.9.8: Use targeted paid adverts on social media to improve knowledge and awareness of services, tips and advice about health and wellbeing (placeholder)	Communities and Wellbeing	April Peberdy	Dec-22	To be developed	TBC						

**Priority 3 - Help families and children in early years**

3.1: Work to provide support for parents and carers, during pregnancy and the early years to improve personal and collective resilience using research and good practice	3.1.1: Map the current offer for support to parents and carers from all services	Childrens Prevention and Early Help Partnership	Nerys Probert	Mar-22	Mapping of provision completed	N/A					Delete 3.1.1, 3.1.2, 3.1.4, 3.1.5 are the same (albeit slightly different wording) as 3.2.2
	3.1.2: Undertake evidence review of current antenatal classes	Childrens Prevention and Early Help Partnership	Nerys Probert	Mar-22	Evidence review completed	N/A					Delete
	3.1.3: Promote antenatal classes for expectant parent and improve access	Childrens Prevention and Early Help Partnership	Nerys Probert	Mar-22	No. of antenatal classes. No. of attendees. Demographics of those attending						Delete - BAU activity
	3.1.4: Raise awareness of and improve access to parenting support (both 1-2-1 and group support)	Childrens Prevention and Early Help Partnership	Avril Allenby	Mar-22	No. of support classes available. No. of attendees. Feedback					G	Delete - duplication 60 plus attendees at group or 1 to 1 sessions. Managers report on a quarterly basis providing figures feedback and a case study.
	3.1.5: Introduce parental emotional regulation courses for parents (placeholder)	Communities and Wellbeing (PH)	April Peberdy	TBC	Number of courses Number of families	1 (12 sessions) 50 families					Delete - duplication Indicator being reviewed by the Children's Delivery Group Q3
3.2: Ensure families and parents have access to right and timely information and support for early years health. Working with midwifery, Family hubs, healthy visiting and school nursing	3.2.1: PHE Healthy Child Programme	Communities and Wellbeing (Berkshire West)		Mar-24	Antenatal midwifery notifications to HV service	100%	100%	100%			



	3.2.2: Implement 1001 Days project work: • Mapping of core delivery across services. • Produce an infographic for families and services demonstrating core offer • Map targeted offer across services	Childrens Prevention and Early Help Partnership	Avril Allenby	Mar-23	Mapping completed. Infographic completed Distribution of infographic via partners	N/A					G	<b>Complete and for removal.</b> Mapping exercise completed with engagement sessions with services and partners. Infographic in draft form ready for consultation with a group of users.
	3.2.3: Promote breastfeeding (placeholder)	Childrens Prevention and Early Help Partnership	Nerys Probert/ Avril Allenby	Jun-23	Increase Breastfeeding rates at 6 - 8 weeks	TBC (Subject to funding approval)					G	<b>Complete and for removal.</b> 28 given 1:1 support, 12 Antenatal, Educafe 4, the remaining 12 seen at groups where support is offered, phone or text conversations. 16 feedback forms received.
	3.2.4: Create a stakeholder map of our current Community and Voluntary sector partners who are working with families and children in the early years	Communities and Wellbeing (Childrens Prevention and Early Help Partnership)	Sam Shepherd/ Avril Allenby	Dec-22	Completion of network map	n/a					G	<b>Complete and for removal.</b> New app launched called "50 Things to Do Before You Are 5" which helps signpost young families to local support, alongside giving ideas for engaging children.
	3.2.5: Expand the Dolly Parton Imagination library provision (placeholder)	Childrens Prevention and Early Help Partnership	Avril Allenby	tbc	Number of children supported	150					A	<b>Complete and for removal.</b> This has been introduced as part of the new 0 - 19 Public Health Nursing (Health Visiting and School Nurse) contract which started on 1st April 2022 but reporting on this will not commence until q1 2023.
3.3: Increase the number of two year olds (who experience disadvantage) accessing nursery places	3.3.1: To establish a named Health visitor for each EY setting taking vulnerable 2 years olds	Communities and wellbeing (Childrens Prevention and Early Help Partnership)	Avril Allenby	Mar-23	% of EY settings with named HV	100%					A	As above
	3.3.2: Monitor the proportion of reviews that are carried out jointly. Ideally this review (2 – 2.5 years) should be integrated with the Early Years Foundation Stage progress check at 2 years	Childrens Prevention and Early Help Partnership	Nerys Probert/ Avril Allenby	Mar-23	Proportion of 2 – 2.5yr reviews that are carried out jointly (no target set)	No target					R	<b>Delete.</b> Action not possible due to alignment of reviews as reported by BHFT.
	3.3.3: Consistent marketing across all sectors, Midwifery, HV, EY, Family Hubs (placeholder)	Childrens Prevention and Early Help Partnership	Avril Allenby								G	<b>Complete and for removal.</b> Good joined up approaches. Delivery of services alongside in Family Hubs. Use of social media. 1001 Days Infographic task group.
3.4: Ensure that our early years setting staff are trained in trauma informed practice and care, know where to find information or help and can signpost families properly	3.4.1: Undertake an evidence review of trauma informed training, including cost-analysis	Childrens Prevention and Early Help Partnership	Nerys Probert	Jun-22	Evidence review completed	n/a					G	<b>Complete?</b>
	3.4.2: Establish training programme with Early Years providers. (to link to introduce EY ELSA target)	Childrens Prevention and Early Help Partnership	Avril Allenby	Dec-22	% of EY providers offering training. % of staff trained	TBC					G	<b>Delete - BAU Activity</b> The first round of Early Years Elsa work is completed and the review report is being drafted. There are plans for securing a second round of funding to support a further delivery to settings.
	3.4.3: Develop support materials and supervision documentation for EY settings.	Childrens Prevention and Early Help Partnership	Avril Allenby	Jun-22	Completion of support materials. Number of EY providers using materials						G	<b>Delete - BAU Activity</b> Documentation in draft and going out for trial and consultation.
3.5: Publish clear guidelines on how families can access financial help, tackling stigma around this issue	3.5.1: Map out current provision for financial support for families, including childcare costs	Childrens Prevention and Early Help Partnership	Avril Allenby	Jun-22	Mapping completed	n/a					G	<b>Complete and for removal.</b> Family Hub staff working closely with local voluntary sector to ensure that local support is provided and signposted. Childcare provision and costs available on the West Berkshire Directory. Telephone and email support available during working day.
	3.5.2: Raise awareness of support services available through the Family hubs	Childrens Prevention and Early Help Partnership, Communities and wellbeing	Avril Allenby	Jun-22	Number of financial support services published on the West Berkshire directory						G	<b>Complete and for removal.</b> Professionals guide available to services and voluntary sector providing information on Family hub delivery. Social media used to highlight current awareness.

	3.5.3: Undertake focused engagement to ensure that provision and needs are identified from parent groups and across areas in West Berkshire	Childrens Prevention and Early Help Partnership	Avril Allenby	Jun-22	Number of focus groups. Demographics of attendees. Consultation report	3 To include under-represented groups						G	<b>Complete and for removal.</b> All Family Hubs have established parent/carers engagement groups. The annual survey has been revisited and amendments made to provide greater scope for feedback and development of services.	
<b>Priority 4 - Promote good mental health and wellbeing for all children and young people</b>														
	4.1.2: Number of local primary schools who have received a Life Education Performance	Childrens Prevention and Early Help Partnership	Denise Sayles	Apr-22	Number of schools	12							G	<b>Delete - BAU activity?</b>
	4.1.3: Develop a promotional campaign for the Reading Well books available in West Berkshire Libraries, linking with Empathy day	Communities and Wellbeing (led by Libraries teams, supported by Public Health)	Jaqueline Cooper	Jun-22	Delivery of campaign No. of books available No. of books issued		1 27 80	1 27 117	1 27 76				G	<b>Complete?</b> As part of general Reading Well promotions on Libraries social media in April and May (Q1), July and September (Q2) and November (Q3 - latter focusing on e-books). Also specific social media promotions for the revised Reading Well for Teens books in December (Q3). Please see details in 5.3.3 re Empathy Day promotions in Libraries. All 27 titles are in stock in West Berkshire Libraries. (Number of copies varies at any given point but usually at least two.) This booklist was revised by The Reading Agency during the year and older titles were still in stock throughout Q1-Q3.
	4.1.5: Implement the Recovery curriculum RSH through provision of a suite of resources and workshops for pupils in primary and secondary schools (placeholder – tbc)	Communities and Wellbeing (Public Health)	Paul Graham	Dec-23	To be developed	TBC								<b>Delete</b> This work was not funded and therefore has been deleted from the Delivery Plan.
4.2: Aim for early identification of those young people in greatest need, or at risk of developing a mental health condition	4.2.3: Meeting the COVID surge demand as it arises	Berkshire West CCG		Mar-22	Meeting three weekly to address need, beginning in August 2021.								G	<b>Delete</b> Transformation Plan developed and in place.
4.3: Use evidence to support interventions at the individual, family and community levels to prevent and reduce the risk of poor mental health	4.3.1: Create a stakeholder map of our current Community and Voluntary sector partners who are working on mental health and wellbeing for children and young people	Communities and Wellbeing (Childrens Prevention and Early Help Partnership)		Dec-22	Completion of network map	n/a							G	<b>Complete?</b>
	4.3.2: Be Well Campaign	MH & LD Board		Jun-22	Number of engagements/unique users with new website, by local authority  Number of visitors providing feedback on Be Well website  Regular emoji feedback rating  % of visitors from each category (e.g. 4-11 year olds, 12 – 17 years olds and 18 to 25 year olds)	Baseline  % of West Berkshire residents  TBC  TBC								

4.4 Engage with staff, students, parents, the community and mental health support teams to inform interventions for emotional health and wellbeing, supporting a Whole School Approach to Mental Health and embedding wellbeing as a priority across the school environment.	4.4.1 Mobilising 2 further Mental Health Support Teams in schools. Newbury. Reading (South & East)	Berkshire West ICP Children's Programme Board	Niki Cartwright	Oct-22	MHST teams established	2 new MHSTs						G	Complete and for removal. Teams now fully mobilised. Celebration event postponed due to the death of Her Majesty Queen Elizabeth.
	4.4.2: Recruit Young Health Champions in Schools		Paul Graham	Jul-22	Number of schools engaged	Year 1 - 3 schools 10 YHC per school Year 2 - 3 schools 10 YHC per school							Delete due to duplication. See 4.1.4 for details.
	4.4.3: Create PSHE resources for KS3 and KS4 students to support schools' PSHE delivery	Childrens Prevention and Early Help Partnership	Paul Graham	Jul-22	Number of schools engaged Feedback from attendees	5 resources per year	2 PSHE podcasts created						G
4.6: Expand our trauma informed approach among formal and informal service providers	4.6.1: Develop a trauma informed strategy for West Berkshire. mapping exercise. options appraisal for TI training across BOB	Childrens Prevention and Early Help Partnership, ICS Children's Board	Andy Sharp	Dec-22	To be agreed by Dec 2021  Mapping exercise and Options Appraisal Completed  (feedback needed re ICS proposals for BOB and timescales on actions)								Delete. The BW ICP Children's Group closed this as an area of work following the options appraisal on the basis that there are a range of approaches being undertaken within the patch that contain trauma informed elements and therefore a single approach wouldn't be appropriate. The Berkshire West Safeguarding Children Partnership however have recently discussed this as being an area of focus and activity for them and this is likely to form part of the business plan for the BWSCP in the future.
	4.6.3: Provide Therapeutic Thinking Training for Children's Services staff	West Berkshire Children's Service	Lucy Hilyard	Dec-22	Number of staff trained Feedback from attendees							A	Complete and for removal. 138 primary colleagues; 53 secondary colleagues, 69 LA colleagues of which 14 CS's colleagues have trained as tutor trainers with access to TT eLearning platform to train their teams, supporting a common language with each other, schools, pupils and families. 100% of participants rated the training good or very good and articulated how it will improve their work with partners.
4.7: Improve the process for transition to adult mental health services	4.7.4. Ensure models are trauma informed	BOB ICB	Niki Cartwright									G	Delete - this is a way of working not an action Continuing to embed trauma informed approaches is a priority for the refreshed Children and Young People's Mental Health Local Transformation Plan 2022-24.
	4.7.5. A place focused (School focused or community focused) pilot, including the role of alternative education		?										Undefined - delete.
	Dedicated 16-25 transitions worker within CYP Substance Misuse services	BCT Partnership?	Denise Sayles	New contract beginning April 2022	Worker in place							G	Complete?

#### Priority 5 - Promote good mental health and wellbeing for all adults

5.1:Tackle the social factors that create risks to mental health and wellbeing, including social isolation and loneliness	5.1.1 Ensure residents have access to financial support and advice (e.g. benefit entitlement, debt advice, unemployment)	Mental Health Action Group	Adrian Barker	Ongoing	Number of clients supported by CAB Number of clients referred to CAB by social prescribers. [update: Final report submitted]	As per specification- Stakeholder workshops, Report, Proposals for suggested actions						G	Stakeholder workshop held in September 2022 to look at the financial issues for people with mental health issues and starting to look at solutions.
	5.1.2: Supporting new residents to West Berkshire with a sense of belonging and awareness of local services	Mental Health Action Group	Adrian Barker	Ongoing	Number of new residents to West Berkshire	50% of new residents						G	Complete and for removal Webpage has been completed. The next phase is to promote the webpage across the district and monitor hits on the webpage.
	5.1.3: Work with the Homelessness Strategy Group to understand gaps and/links to poor mental health and wellbeing (e.g. reason for eviction)	Homelessness Strategy Group	Nick Caprara	Jun-22	Gaps identified in service provision % of homeless people reporting being support with their mental health (place holder)	As per Homeless Strategy Group KPI's							

	5.1.4 Raise awareness of resources and interventions that help to address mental health and wellbeing and related issues (e.g. rural isolation and loneliness) to residents, community groups and key stakeholders	Ageing Well Task Group	April Peberdy	Dec-22	Number of mental health z cards distributed Number of entries inputted onto aDoddle (community mapping tool) Number of hits on West Berkshire directory	One per household <del>20 organisations</del> <del>10% increase from baseline</del>					G	<b>Complete and for removal.</b> Z cards updated again and a further 5,000 cards have been ordered. 3,000 for schools and 1,000 for west Berkshire foodbank, 50 to Newbury Soup Kitchen, 100 to West Berkshire Suicide Prevention Action Group. We have also provided some to Healthwatch and the new Be Well this Winter service.
	5.1.5: Create a tool which allows policymakers to examine the impact of their proposals and decision making on mental health	Public Health and wellbeing	Rachel Johnson	Dec-22	Health in all policies tool complete	N/A						<b>Delete?</b> Project started in public health and wellbeing as per section 1.3 above.
5.2: Work with local communities, voluntary sectors and diverse groups to rebuild mental resilience and tackle stigma	5.2.1: Utilise opportunities to promote existing mental health resources/services at local resident engagement events (e.g. educate)	Public Health and wellbeing	Rachel Johnson		Number of organisations provided with information	5+ per quarter					A	We recently provided resources to the Patient Information Point at West Berkshire Community Hospital.
	5.2.2 Through the surviving to thriving fund, enable local organisations to provide support and develop services that improve mental health and wellbeing of West Berkshire residents	Mental Health Action Group	Adrian Barker	Mar-22	Number of beneficiaries Amount of funding awarded Key outcomes for beneficiaries	Baseline >£300k TBC					G	<b>Complete?</b>
	5.2.3: Develop a new mental wellbeing campaign (Be Well) to connect people from all backgrounds with local support and reduce stigma	?	?	Jun-22	Number of engagements/unique users with new website, by local authority  Number of visitors providing feedback on Be Well website  Regular emoji feedback rating  % of visitors from each category (e.g. 4-11 year olds, 12 – 17 years olds and 18 to 25 year olds)	Baseline  % of West Berkshire residents  TBC  TBC						<b>Delete?</b>
	5.2.5: Commission Public awareness training sessions on a range of mental health issues including: self esteem anger management bereavement coping with redundancy coping with relationship breakdown sleep Death and dying	Communities and Wellbeing	Rachel Johnson		Number of sessions Number of attendees Feedback							



	5.2.6: Ensure services are responsive to the needs of vulnerable and marginalised groups in society, e.g. socioeconomically disadvantaged, ethnically diverse communities	Mental Health Action Group	Adrian Barker	Mar-24	TBC	TBC					A	Delete Links to 5.1.1.
	5.2.7: Commission a range of public bite-sized awareness training sessions or on a range of life events that can impact mental health and wellbeing (e.g. including but not limited to; self-esteem, anger management, grief and bereavement, coping with redundancy coping with relationship breakdown, sleep death and dying)	Communities and wellbeing (public health)	Rachel Johnson	Feb-22	Number of sessions, Number of attendees, Feedback	As per service specification						Delete. Links to 5.2.5.
5.3: Recognise the importance of social connection, green spaces and different cultural contexts for mental wellbeing. Increase social prescribing by promoting access and signpost to activities that promote wellbeing	5.3.1 Establish a Creative Health Alliance to improve the availability and promotion of arts and cultural activities	???	???	Apr-23	Terms of reference developed, Number of meetings, Number of new members	N/A, At least once per quarter, As per terms of reference						
	5.3.2. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing	Ageing Well Sub Group	April Peberdy		Project officer – nature for health recruited  Number of people taking part in health walks	N/A, Baseline	165	220	241		G	<b>Complete and for removal.</b> Project Support Officer, Nature for Health in post. Summer drop in Sessions at Shaw House raised beds have run in August and Autumn programme promoted. Working in Partnership with Sovereign and Community Matters on another project for the autumn. Drop in sessions continue to run at Shaw House Q3. Consider putting the number of people taking part in health walks under a different indicator.
	5.3.3: Develop a promotional campaign for the Reading Well books available in West Berkshire Libraries, linking with Empathy day (June 2022)	Communities and Wellbeing (led by Libraries teams, supported by Public Health)	Jacqueline Cooper	Jun-22	Delivery of campaign  No. of books available  No. of books issued		1 158 483	1 158 684	1 158 475		G	<b>Delete - BAU Activity</b> General Reading Well promotions on Libraries social media in April and May (Q1), July and September (Q2) and November (Q3 - latter focusing on e-books), plus a specific campaign in May (Q1), prior to Empathy Day, which focussed on the resources available for adults, young adults and children respectively on different days. Given the requirement for Libraries to focus on activities for the Queen's Platinum Jubilee celebrations, no activities were arranged for Empathy Day itself, although social media promotions by Empathy Lab UK were shared on Libraries social media Prior to this, a general message relating to books for empathy was developed with Public Health for the Libraries 'Message of the Month' in May. This was used on Libraries social media on several occasions throughout the month, in posters in all libraries and images on library kiosks, and featured in the Libraries May customer newsletter. All 158 titles from the 5 Reading Well booklists are in stock in West Berkshire Libraries. (Number of copies varies at any given point but usually at least two.) In addition, the titles from the older edition of the Reading Well for Teens list were still in stock throughout Q1-Q3.
5.4: Improve access to, quality and efficiency of services available to all who need them, including	5.4.1: Create a 10-year mental health strategy (placeholder)		Adrian Barker	Dec-22	Strategy approved by the Health and Wellbeing Board	N/A						Delete - no longer required. Matt Pearce removed the need for a separate mental health strategy after discussion at MHAG.

improved digital offerings for those who can and prefer to use them	5.4.2: Completion of Adult Mental Health Needs Assessment and regularly review other sources of data e.g. residents survey	Communities and wellbeing (Public Health and Wellbeing)	Adrian Barker	Mar-23	Mental health needs assessment completed and published	N/A					A	<b>Complete and for removal.</b> Interviews have been conducted and are being written up with key themes to be included within the needs assessment.
	5.4.3: Provide welcome packs to target people moving home or new to West Berkshire (e.g. resource pack focusing on Health and Wellbeing)	Mental Health Action Group, Public Health and Wellbeing	Adrian Barker	Adrian Barker	Welcome packs developed  Process for distribution identified	N/A					A	<b>Delete?</b> Duplication of 5.1.2?
	5.4.4: Develop and promote a range information and tools to support transition across the life course (e.g. birth, school, college/ university, employment, moving house, marriage, divorce/ separation/ widow, bereavement) through Be Well (or similar platform).	Mental Health Action Group	Adrian Barker	Apr-22	Number of resources produced	One per quarter					R	<b>Delete?</b> Be Well was not progressed.
5.5: Work with professionals in workplaces and other settings; using a preventative approach to break down the barriers between mental and physical health	5.5.1: Support small businesses to promote mental health and wellbeing practices in workplaces (e.g. mental health awareness training, the Mental Health at Work Commitment)	Public Health and Wellbeing, Skills and Enterprise Partnership	Rachel Johnson / Iain Wolloff	Aug-22	Number of relevant training courses held Number of businesses adopting mental health policies (placeholder)	As per service specification					G	<b>Delete.</b> The SEP and MHAG chairs worked with Rachel Johnson and Elisabeth Gowens (WBC Public Health and Wellbeing) to offer MH training for SMEs. Unfortunately, there has been no take-up of the offer by SMEs, but the programme is being delivered for voluntary organisations. In addition to the email and social media marketing of the training, the DWP are also now promoting the offer to employers.
	5.5.3: Develop and implement a universal mental health education training and delivery package around mental health crisis.	Berkshire West ICP Mental Health and Learning Disabilities Programme Board, Mental Health Action Group	Niki Cartwright		Current training models reviewed  Training schedule completed  Number of people completing the course by organisation	N/A					G	<b>Complete and for removal.</b> This has been completed by Terry Simpson from SCAS. He is presenting this resource to the Berkshire Suicide Prevention Group in Autumn 2022. This piece of work is now being rolled out across the Thames Valley.
	5.5.4 Commission services to support people who are in contact with mental health services to find or stay in work (Supported Employment Strategy)	Skills and Enterprise Partnership	Iain Wolloff	Jan-23	Employment rates between working age adults in contact with mental health services and the general population.	Baseline					G	<b>Delete - sits outside the HWB.</b> The SEP does not have a specific role in relation to the commissioning of services, but this is achieved through WBC's commissioning of Groundwork (for adults) and Ways into Work (for young people). As reported above, it is planned that the SEP will review this work at its next meeting.
5.6: Improve access to support for mental health crises and develop alternative models which	5.6.1: Evaluate the pilot crisis café: Breathing Space (delivered across Berkshire West)	Berkshire West ICP Mental Health and Learning Disabilities Programme Board	Niki Cartwright	Apr-22	Evaluation complete	N/A					G	<b>Complete and for removal.</b> Breathing Space launched in September 2021 and extension into West Berkshire in April 2022. Funding has been allocated to fund an external evaluation. This is currently being agreed.

Appendix C - Escalated Actions

Health and Wellbeing Strategy Delivery Plan 2022-2025												
Objective	Description	Owned by	Contact	Timescale	Indicator	Target	2022/23				RAG Status	Commentary
							Q1	Q2	Q3	Q4		
<b>Priority 1 - Reduce the differences in health between different groups of people</b>												
1.1 Use information and intelligence to understand our communities, identify those who are in greatest need and ensure they are able to access the right services and support	1.1.2: Embed Population Health management approach across all programmes, incorporating 2021 census data when available	Public Health, BOB ICB (Berks West)	April Peberdy / Sarah Webster	Ongoing	To be developed	TBC					R	Further work required. ICB accepts the ambition and agrees that we need to ensure appropriate population health data is supporting prioritisation/programme delivery
1.6: Ensure services and support are accessible to those most in need through effective signposting, targeted health education, promoting digital inclusion and in particular addressing sensory and communication needs. All in a way that empower communities to take ownership of their own health	1.6.5: Undertake a dental review to understand current provision and identify recommendations for action - Utilising results of the British Dental Survey 2022/23	Escalate to BOB ICB	Sarah Webster	Dec-22	To be developed						R	Sarah Webster to understand work ongoing across BOB with regards to Dental improvement actions and will ensure West Berks is represented in that work.
<b>Priority 2 - Support individuals at high risk of bad health outcomes to live healthy lives</b>												
2.8: Support people with learning disabilities, engaging with them and listening to them through working with voluntary organisations	2.8.1: Work with Voluntary and Community Sector organisations to improve access to health checks for those with learning disabilities. Improve the quality of health checks for those with Learning disabilities	Escalate to BOB ICB NHSE	Niki Cartwright	Annual	% of individuals receiving a health check	67% (target for 2020/21). AHC LTP target is 75% (14+)						
2.9: Increase the visibility and signpost of existing services and improve access to services for people at higher risk of bad health outcomes	2.9.1: Promote alternatives to admission through increased support for people in the community: <ul style="list-style-type: none"> <li>• Commission an all age IST</li> <li>• Green light toolkit</li> <li>• Post diagnostic support (Placeholder – work in development)</li> </ul>	Escalate to Place Based Partnership BHFT (toolkit)	Jo Reeves									



2.9.2: Reduce waiting times for Autism and ADHD Diagnosis: current demand being assessed to plan for workload capacity (placeholder)	Escalate to BOB ICB BHFT	Niki Cartwright	TBC	TBC	TBC							G	Investment made recurringly; activity has doubled over last 12 months
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**Priority 4 - Promote good mental health and wellbeing for all children and young people**

4.3: Use evidence to support interventions at the individual, family and community levels to prevent and reduce the risk of poor mental health	4.3.3: Continuing temporary contract during Covid for Kooth (online support)	Berkshire West ICP Children's Programme Board	Niki Cartwright	Ongoing	Standard Kooth indicators	No formal target but offered to give YP a choice of services							G	Contract has been extended till end of December whilst scoping of future provision is being undertaken.	
	4.3.4: Addressing gaps in access and service offer due to inequalities. (cohorts LGBTQ+, Ethnically diverse groups, Learning Disabilities)	Berkshire West ICP Children's Programme Board	Niki Cartwright	Mar-22	Plan for data and monitoring improvement April 2022	Plan for data and monitoring improvement April 2022							G	CSW commissioned to undertake	
	4.3.5: Tackling the waiting times in both specialist/ Core CAMHS for access and interventions in key areas: anxiety, depression, Specialist CAMHS, Autism and ADHD.	Berkshire West ICP Children's Programme Board BOB ICB	Niki Cartwright	Mar-22	Create a 2 year investment plan with BHFT for Core CAMHS to cover. 2022 ? 2024	Plan delivered March 2022								G	Investment plan in place for ASD/ADHD assessments and funding agreed to expand workforce . External contracts with Psychiatry UK also in place through BHFT.
	4.3.6: Meeting the Eating Disorder waiting times for response to referrals.	Berkshire West ICP Children's Programme Board BOB ICB	Niki Cartwright	Sep-21	Local Berkshire Protocol	Protocol in place by end of 21/22.								A	Recruitment to posts remains the biggest challenge. If fully recruited to then demand would be met. Looking to recruit GP with Special Interest to undertake physical check and link with Primary Care.
	4.3.7: Mobilising a Community Home treatment offer 24/7 access standard for Crisis cases required locally to meet our 24/7 response commitment in the NHS long term plan	Berkshire West ICP Children's Programme Board BOB ICB	Niki Cartwright		Go live with phased offer January 2022, full workforce mobilisation March 2022	24/7 access for crisis cases								G	Fully recruited to and CYP 111 element is being piloted as part of the model
4.5: Support the mental health and wellbeing of looked after children and care leavers	4.5.1: Co-production of an 'In-reach' bespoke service for Children in Care. (placeholder)	Berkshire West ICP Children's Programme Board, Berkshire West local authorities	Niki Cartwright	Apr-23	To be scoped	To be scoped							G	Service is in mobilisation phase with approx. 50% of establishment recruited to. Full Launch planned for April 23.	

4.7: Improve the process for transition to adult mental health services	4.7.1 (placeholder) Additional Reimbursement Role (ARRs) placed in a strategic primary care network that has a 16 plus focus	BHFT	?								G	PM now in place and first mobilisation meeting with stakeholder steering group in November.	
	4.7.2.Pilot a managing emotions programme -a psychoeducational course designed to support people who experience intense emotions that are difficult to manage.	BHFT	?		In Partnership with local VCS						G	This pilot has been extended to enable a more comprehensive evaluation of the model.	
	4.7.3. Work through the community mental health framework implementation model to test how to target and meet mental health needs of care leavers,	BOB ICB	Niki Cartwright										New pilot is mobilising for 16-25 year olds to provide support to Care Leavers and other vulnerable young adults. This will interface with the Adult MH Transformation Programme.
	4.7.4.Ensure clinical pathways review findings are focused on the transition from CYP to Adult Pathways	RBH	?										

**Priority 5 - Promote good mental health and wellbeing for all adults**

5.5: Work with professionals in workplaces and other settings; using a preventative approach to break down the barriers between mental and physical health	5.5.2: Increase uptake of annual health checks for people with serious mental illness and ensure appropriate behavioural support is available e.g. smoking cessation and weight management services	Berkshire West ICP Mental Health and Learning Disabilities Programme Board Mental Health Action Group	Niki Cartwright	Mar-23	% of people on GP SMI registers in receipt of all six elements of SMI health checks (by GP practice and overall number)	As per NHS KPIs						A	MHAG is monitoring progress and providing any advice and support it can. Percentage of those registered with SMI receiving all six elements of the SMI health check is increasing but still not clear if or when it will reach the national target of 60% by the end of the year.  The Community Support Service with Oxfordshire Mind is now operational. This is a pilot support PCNs to reach patients who are difficult to reach. Performance is monitored monthly and support
5.6: Improve access to support for mental health crises and develop alternative models which offer sustainable solutions	5.6.1: Evaluate the pilot crisis café: Breathing Space (delivered across Berkshire West)	Berkshire West ICP Mental Health and Learning Disabilities Programme Board	Niki Cartwright	Apr-22	Evaluation complete	N/A						G	Breathing Space launched in September 2021 and extension into West Berkshire in April 2022. Funding has been allocated to fund an external evaluation. This is currently being agreed.

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